

## REGISTRATION FORM

**5K race \* Sat. Sept 17 \* 9AM start**

**Cost: \$25** (register by Aug 27th for guaranteed shirt)

\$30 late registration available during packet pick-up:

Friday, Sept 16 5:00-8:30 p.m.

Saturday, Sept 17 7:30-8:30 a.m.

**Make checks payable to TTU ASBMB**

Full Name: \_\_\_\_\_

Age (on race day): \_\_\_\_\_ Sex: \_\_\_\_\_

Email: \_\_\_\_\_

T-shirt size: \_\_\_\_\_

Phone Number: \_\_\_\_\_

In case of emergency, contact:

\_\_\_\_\_

Relationship:

\_\_\_\_\_

Phone number: \_\_\_\_\_

**Race Waiver:** I, for myself or as parent or guardian, hereby assume all the risks and hazards incidental to the conduct of the activities. I release, absolve, and indemnify ASBMB UAN of TTU, employees of Cookeville, volunteers, and/or sponsors from all risks and hazards associated with the activities and in the event of injury, do expressly waive all claims against them. I understand that no insurance coverage is provided by the ASBMB UAN of TTU. I further give permission for proper emergency care to be rendered to myself or child should I not be available or able to give such permission. I also have the opportunity to discuss with program organizers potential hazards and risks that may be associated with the activity and take responsibility for doing so. Failure to exercise this option indicates my approval and acceptance. I further state that in agreement with my personal physician, I am registering in proper physical condition to participate in this event. I hereby grant permission to use my name and/or picture without compensation in any broadcast, video, brochure, or account.

Participant's Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent's Signature \_\_\_\_\_ Date \_\_\_\_\_  
(if participant is under age 18)

## FOR MORE INFORMATION,

contact:

Julia Filer

ASBMB UAN Vice President

[jafiler42@students.tntech.edu](mailto:jafiler42@students.tntech.edu)

or

Sam Farrell,

ASBMB UAN President

[sjfarrell42@students.tntech.edu](mailto:sjfarrell42@students.tntech.edu)

## ABOUT OUR EVENT

Proceeds from this event will be donated to fund undergraduate student research projects in the TTU Chemistry Department. The more money we raise, the more opportunities we can provide for students. Student research funds are typically used to purchase chemicals and equipment necessary for completing a research project. Students travel to various professional conferences and poster sessions to present this research.

If you register by August 27th, you will be guaranteed a t-shirt. The shirts are purple and gold this year. Additional shirts can be ordered for \$12 per shirt.

This is an open-road race; roads will not be closed. A police escort will lead the way and emergency services will be on-site.

Restrooms will be available inside Prescott Hall.

Children and pets are welcomed; however, childcare is not provided. Water and fruit will be available. **There are no refunds.**



# RACE FOR THE GOLDEN HELIX

## 5K!



3.1 mile FUN run/ walk

Sponsored and organized by:

ASBMB UAN of TTU

The American Society for  
Biochemistry and Molecular Biology

**Saturday,**  
**Sept. 17, 2011**  
Race starts with a BOOM at  
**9 a.m.**

### Pickup T-shirt and Race Bib:

5:00-8:30 p.m. Fri, Sept. 16

7:30-8:30 a.m. Sat, Sept. 17

### Race/Pickup Location:

Intersection of Stadium Ave. and West 10<sup>th</sup>  
Street, between Sherlock Park and  
Prescott Hall on the TTU campus

