Tennessee Tech's Alcohol and Drug Program (Program) is designed to help students and employees make healthy decisions regarding the use of alcohol and other drugs. The Program aims to reduce the harm associated with substance abuse and to support students and employees in maintaining a healthy and safe environment.

### Health Risks Associated with Substance Abuse

#### Alcohol
- Impaired judgment and decision-making
- Increased risk of accidents, including vehicular accidents
- Interpersonal conflicts and aggression
- Increased risk of academic failure and decreased productivity


- **Marijuana**
  - Causes a range of short-term and long-term effects, including impaired memory, coordination, and judgment
  - Increased risk of accidents and injuries
  - Potential for addiction

- **Cocaine/Crack**
  - Produces intense feelings of euphoria and energy
  - Increased risk of heart attack, stroke, and HIV
  - Potential for addiction

- **Heroin**
  - Causes intense withdrawal symptoms when stopped
  - Increased risk of overdose and death
  - Potential for addiction

- **Cigarettes**
  - Causes respiratory and cardiac diseases
  - Increased risk of cancer
  - Potential for addiction

- **Gambling**
  - Causes financial and emotional problems
  - Increased risk of debt and poverty
  - Potential for addiction

### Criminal Penalties

- **American Samoa**
  - Possession of marijuana is a Class D felony punishable by up to one year in prison and a fine of $2,000.

- **Alaska**
  - Possession of marijuana is a Class C felony punishable by up to one year in prison and a fine of $1,000.

- **Arizona**
  - Possession of marijuana is a Class 1 misdemeanor punishable by up to 6 months in jail and a fine of $500.

- **Arkansas**
  - Possession of marijuana is a Class B felony punishable by up to 27 months in prison and a fine of $10,000.

### Disciplinary Sanctions under Tennessee Tech Policy

- **Students**
  - First offense: Suspension for not more than one semester
  - Second or greater offense: Expulsion

- **Employees**
  - First offense: Up to a $2,500 fine
  - Second or greater offense: Dismissal

### Additional Information

- Check the Tennessee Tech Office of Compliance for specific locations and times of services.
- Contact Tennessee Tech’s Alcohol and Drug Program for information and support services.
- Visit the Student Health Services website for a list of approved treatment centers.
- Contact local law enforcement or a qualified professional for assistance with substance abuse.

### Substance Abuse Counseling, Treatment, and Rehabilitation

- **Tennessee Tech**
  - Provides resources and support for students and employees.

- **Cumberland Plateau Recovery**
  - 888-762-3740

- **Mirror Lake Recovery Center**
  - 931-403-3577

- **Bradford Health**
  - 855-437-3486

- **New Leaf Recovery**
  - www.newleafrecovery.com

- **Vanderbilt University Health Care**
  - www.vbhcs.org

### References

- www.samhsa.gov/prevention
- www.na.org
- www.mirrorlakerecovery.com
- www.bradfordhealth.com

Tennessee Tech is committed to creating an academic, social, and work environment free of alcohol and drug abuse. The university provides a variety of resources and support services to help students and employees make healthy decisions regarding the use of alcohol and other drugs. If you or someone you know is struggling with substance abuse, there is help available. Please contact the Tennessee Tech Alcohol and Drug Program for further information.