

VITA

CHRISTINA TURNBOW

PROFESSIONAL INFORMATION:

Professional Address: Tennessee Technological University
Department of Exercise Science, Physical
Education, & Wellness
TTU Box 5043
Cookeville, TN 38505
(931) 372-6462
cturnbow@tntech.edu

Residence Address: 2544 Nova Circle
Cookeville, TN 38506
(931)303-4035

Fields of Specialization: Teacher Licensure, EdTPA Master Clinician
and Coach

EDUCATIONAL BACKGROUND

M.A. in Educational Leadership May 2004
Nova Southeastern University

B.S. in Physical Education May 1996
Florida Southern University

B.S. in Exercise Science: Fitness and Wellness May 1995
Columbus State University

EMPLOYMENT HISTORY

Tennessee Technological University, Cookeville, TN. August 2009-Present
Lecturer

Robinson Springs Elementary, Millbrook, AL. 2008-2009
4th Grade Teacher
Certified Trainer for New Teachers

Woodland Elementary, Zephyrhills, FL. 2005-2007
Kindergarten and 1st Grade Teacher
Certified Trainer for New Teachers

Lake Alfred Elementary, Lake Alfred, FL. 1996-2005
Physical Education and Reading Teacher
Coach-Softball and Soccer

AT&T, Columbus, GA. 1994-1996
Wellness Coordinator

TEACHING EXPERIENCE

Tennessee Tech University

Teaching Experience

****Online Class***

*****Online and Ground***

Undergraduate Courses

EXPW 1021 Connections to Exercise Science

EXPW 1022 Introduction to Exercise Science

EXPW 2130 Concepts of Comprehensive Health*

EXPW 2141 Individual Sports

EXPW 2160 Drug Use and Abuse**

EXPW 2430 First Aid and CPR**

EXPW 3012 Educational Dance Gymnastics and Fitness

EXPW 3132 School Wellness Pedagogy/Practicum

EXPW 3410 Lifespan Motor Development**

EXPW 3500 Physical Activity and Health for Special Populations

EXPW 3510 Physical Education Skills/K-8

EXPW 3720 Instructional Strategies**

EXPW 4171 Exercise and Sports Psychology**

EXPW 4722 Methods of Elementary Movement

EXPW 4751 Secondary Physical Education Practicum

EXPW 4770 Physical Education I

EXPW 4873 Professional Seminar I

EXPW 4882 EdTPA Coach for Residency Students

Mentor of Student Teachers/Residency Candidates

Robinson Springs Elementary

4th Grade Teacher

Mentored Student Teacher

Scott Foresman Reading Series and Team Math

Woodland Elementary

Kindergarten and 1st grade teacher

Dibels Tester

Incorporated Frameworks of Poverty by Ruby Payne

Six Traits of Writing

Florida Kindergarten Readiness Screenings

Mentored Student Teacher

Lake Alfred Elementary

2004 Teacher of the Year

Trained in Conflict Resolution

Peer Mediator

Think Along

Kagan

Success for All Reading Program

Organized and Analyzed Data Collected for Physical Education Testing

Organized and Implemented the Awards Programs

Coordinated and Scheduled Special Events for all grade levels

SCHOLARSHIP

Conference Presentations

Turnbow, C.T., (2024, April). “Incorporating Literacy and movement into a P.E. classroom”

Pending approval to present at the annual National Academy of Health and Physical Literacy Convention, Baton Rouge, Louisiana.

Turnbow, C.T., (2023, October). “I Mustache You To Dance” Getting students to dance and

move creatively. Presented at the annual meeting of Tennessee Alliance for Health, Physical Education, Recreation and Dance (TAHPERD) Convention, Murfreesboro, TN.

Turnbow, C.T. Killman, C.T., and Elmore, B.T., (2018, March). “The Ins and Outs of the

EdTPA process. The Society of Health and Physical Education (SHAPE) Convention, Nashville, TN.

Turnbow, C.T. and Elmore, B.T., (2016, November). “How to incorporate jump bands into a PE setting. Presented at the annual meeting of Tennessee Alliance for Health, Physical Education, Recreation and Dance (TAHPERD) Convention, Murfreesboro, TN.

Turnbow, C.T. and Elmore, B.T., (2015, October). “Dance your socks off.” Creative way to introduce dance without kids knowing they’re dancing. Presented at the annual meeting of Tennessee Alliance for Health, Physical Education, Recreation and Dance (TAHPERD) Convention, Murfreesboro, TN.

Turnbow, C.T. (2014, October). Pickleball strategies for success. Presented at the annual meeting of Tennessee Alliance for Health, Physical, Education, Recreation and Dance (TAHPERD) Convention, Murfreesboro, TN.

Turnbow, C.T. and Elmore, B.T., (2014, October). Large group games and activities. Presented at the annual meeting of Tennessee Alliance for Health, Physical, Education, Recreation and Dance (TAHPERD) Convention, Murfreesboro, TN.

Turnbow, C. T. (2013, October). Integrating reading and math into physical education curriculum. Presented at the annual meeting of Tennessee Alliance for Health, Physical Education, Recreation and Dance (TAHPERD) Convention, Murfreesboro, TN.

Turnbow, C.T. (2011, October). Benefits of using mental imagery. Presented at the annual meeting of Tennessee Alliance for Health, Physical, Education, Recreation and Dance (TAHPERD) Convention, Murfreesboro, TN.

Workshops

Turnbow, C.T. (2016, June). Motivational approaches and resources to coaching. Presented at the Physical Education and Lifetime Wellness Summer Workshop, Cookeville, TN.

Turnbow, C.T. (2014, October). Pickleball strategies for success. Presented at the Physical Education and Lifetime Wellness Summer Workshop, Cookeville, TN.

Turnbow, C.T. (2013, June). Integrating reading and math into physical education curriculum. Presented at the Physical Education and Lifetime Wellness Summer Workshop, Cookeville, TN.

Turnbow, C.T. (2010, June). Implementing dance into the curriculum. Presented at the Physical Education and Lifetime Wellness Summer Workshop, Cookeville, TN.

Improvements in Scholarly Qualifications

***Also Presented**

Attended TAHPERD State Convention, Murfreesboro, TN. October 22-October 24, 2023
Attended TAHPERD State Convention, Murfreesboro, TN. October 30-November 1, 2022
Attended TAHPERD State Convention, Murfreesboro, TN. October 31-November 2, 2021
Attended SUMMITT Convention in Birmingham, AL. February 11-14, 2020
Attended TAHPERD State Convention, Murfreesboro, TN. October 31-November 2, 2019
Attended SHAPE Convention in Nashville, TN. March 20-24, 2018*
Attended EDTPA Coaches Training in Cookeville, TN. November 14, 2017
Attended TAHPERD State Convention, Murfreesboro, TN. November 5-7, 2017
Attended TAHPERD State Convention, Murfreesboro, TN. November 6-8, 2016*
Attended EDTPA Coaches Training in Cookeville TN. November, 2016
Attended Tennessee Tech. College Retreat, Cookeville, TN. August 17-18, 2016
Attended Summer Workshop for Physical Educators, Prescott Middle School, Cookeville, TN. June, 2016*
Attended EDTPA Clinician/Mentor Training in Savannah, GA. March 30-April 2, 2016
Attended TAHPERD State Convention, Murfreesboro, TN. October 25-27, 2015*
Attended Tennessee Tech. College Retreat, Cookeville, TN. January 13-14, 2015
Attended TAHPERD State Convention, Murfreesboro, TN. October 24-26, 2014*
Attended TAHPERD State Convention, Murfreesboro, TN. October 27-29, 2013*
Attended Summer Workshop for Physical Educators, Tennessee Tech University, Cookeville, TN. June, 2013*
Attended AAHPERD National Convention, Charlotte, NC. May, 2013
Attended Summer Workshop for Physical Educators, Tennessee Tech University, Cookeville, TN. June, 2012*
Attended TAHPERD State Convention, Murfreesboro, TN. October 2011*
Attended Summer Workshop for Physical Educators, Tennessee Tech University, Cookeville, TN. June 2010*

AWARDS/GRANTS

2023-Service Award/Tennessee Tech University
2022-
2021-Distinguished Service-Learning Award/Tennessee Tech University
2021-Team Player Award/College of Education
2020-Wings of Kindness Award/Students of Tennessee Tech University
2017-Team Player/College of Education
2001-2004-\$1000.00-Pride Team Grant Recipient- **Awarded**

PROFESSIONAL SERVICE AND OUTREACH

Data Analysis Forum	2022-Present
PE/Health teach licensure committee	2022-Present
Search Committee for new hires	Present
Recreation committee for the new Fitness Center	2018-2019
EdTPA Q&A with Tennessee Wesleyan EDTPA	Jan 2017
EdTPA Collaboration with UT Martin	Nov 2016
Health and Substance Abuse Curriculum Committee	2000-2005
Hospitality Committee	1997-2005

Licenses

Tennessee State Educational Leadership	2009-2023
Tennessee State Elementary Education	2009-2023
Tennessee State Physical Education K-12	2009-2023
Tennessee State Special Education	2009-2023
Florida State Coaching Certification	2009-2023

Professional Memberships

American College of Sports Medicine	2019-Present
National Academy of Health and Physical Literacy	2023-Present
Tennessee Association for Health, Physical Education, Recreation, and Dance (TAHPERD)	2010-Present
Shape America	2010-Present
Phi Epsilon Kappa National Professional Fraternity for Exercise Science	2012-Present

SERVICE

- Faculty Sponsor of the Exercise Science Majors Club **2014-Present**
- Run concessions with Majors Club for **2010-Present**
- Arrange student travel for conference travel/attendance **2015-Present**
- Collected socks for the seniors in assisted living **2019-Present**
- Backpacks for the homeless **2019-2020**
- Conducted Teaching Training for Graduate Assistants in the Exercise Science Dept.
- Collected Books for local Elementary Schools **2018 and 2020**
- Students Participated in the Functional Movement Testing at CrossFit with local Physical Therapists **2018**
- Participated with students in the TTU Stem Center incorporating Heart Rate and Exercise **2018**
- Collected Food for Soldiers **2017**
- Collected Items for Hurricane IRMA **2017**
- Participated in the SAC softball games **2017- present and served at their banquet 2017**

- **2016-2021** TTU EdTPA Master Clinician and EdTPA Coach
- **2015 and 2016** Organized and Implemented Harlem Wizards event (Raised money for Area 9 Special Needs)
- Helped organize and coordinate the Intro to Exercise Science textbook writing team **2015**
- Participant in T.F.L.D. Tech Faculty Leadership Development Program sponsored by Dr. Bahman Ghorashi, Provost and Dr. Lanise Rosemond **2015**
- Collected Toothpaste to send overseas
- Organized a clean-up of Memorial Gym
- Cards for Soldiers
- Operation Christmas at Life Church
- Backpacks for Kids
- Raised money and participated in Relay for Life
- Beginning of the Year and End of the Year Barbeques for the Students and Staff. (200-300 people served)
- Organize students for community involvement and school hours.
- Peer Evaluator
- Organized and Directed the FHSAA Coaches Clinic
- Supervision of Student Teachers
- Coached High School Softball and Soccer
- Travel ball coach for an elite softball team **2016-present** (All Division I commits)
- Habitat for Humanity **2014-present**
- Mustard Seed **2015-2020**
- Worked TSSAA Football Championship Games **2014-2021**
- Softball Coach for Algood Middle School **2014-2016**
- Chattanooga Force Travel Softball **2010-2012**
- Raised money through a softball tournament for Structured Athletics **2012**

PROFESSIONAL REFERENCES

Christy Killman D.A.
Department Chair
Professor
Tennessee Technological University
P.O. Box 5043
Cookeville, TN. 38505
Phone: 931-372-3539
Email: ckillman@tntech.edu

Michael B. Phillips, Ph.D.
Professor
Tennessee Technological University
P.O. Box 5043
Cookeville, TN. 38505
Phone: 931-372-3469
Email: mbphillips@tntech.edu

Steve Smith, M.A.
Senior Lecturer
Tennessee Technological University
P.O. Box 5043
Cookeville, TN. 38505
Phone: 931-372-3468
Email: jssmith@tntech.edu