



Tennessee Tech University Office of Disability Services

Documentation Requirements for Psychiatric/Psychological Disability

High schools provide educational assistance based on the Individuals with Disabilities Education Act (IDEA). IDEA protects rights for students to be educated with peers. Services in college are provided under the Americans with Disabilities Act (ADA). The ADA simply ensures that students with disabilities have an equal opportunity to receive an education. It is important to understand that although reasonable academic adjustments can be offered, students no longer receive the total services that an Individualized Education Plan (IEP) provided in high school. For students to qualify for services under the ADA, they must provide documentation of a disability that substantially limits one or more major life activity. Services cannot begin until the required documentation is received and reviewed. TTU's documentation requirements for **psychiatric** or **psychological** disabilities are detailed below.

Documentation requirements:

- I. A **qualified professional** must conduct the evaluation. For a psychiatric/psychological diagnosis, the documentation needs to be from a psychiatrist, psychologist, neuropsychologist, licensed therapist, medical doctor or advanced practicing nurse (APN).
- II. Information received must be on **official letterhead** that includes the professional's name, title, certification/license, mailing address, telephone number and the professional's **manual** signature. Prescription pad reports are not acceptable.
- III. Documentation should be **current**.
 - Completed or re-evaluated within the past year, preferably no more than six months old.
- IV. Documentation needs to **include**:
 - Specific diagnosis with the DSM-5 classification.
 - Severity and longevity of the condition, as well as any other relevant history
 - Last clinical contact
 - Current medications and/or other treatments for the condition
 - Effectiveness of treatment in lessening the impact of the disability
 - Functional limitations
 - Descriptions of the effect of the disability in the educational setting.
 - Specific recommendations for academic adjustments that are realistic and can be reasonably provided by postsecondary educational institutions

NOTE: An Individualized Education Plan (IEP) or a 504 Plan may be included for the purpose of supplying additional information; however, they are insufficient in and of themselves.

TTU understands that documentation provided by military or veteran medical facilities may be different in appearance or content. Professionals in the Office of Disability Services will work the veterans to determine appropriate documentation.

CONFIDENTIALITY: The Office of Disability Services staff will adhere to the University's confidentiality policy regarding the release of information concerning student's records. This office will not release any information, including personal information, or any part of the requested documentation without the candidate's informed consent unless compelled by a legal process of subpoena.

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