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## Clinical Mental Health Counseling Program 2016-2017 Annual Report

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### 25 total students

21 full-time; 4 part-time  
20 women; 5 men

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### Admissions Highlights

11 students accepted  
Avg. Undergrad GPA: 3.3  
Avg. GREV: 149  
Avg. GREQ: 146  
Avg. GREW: 3.7

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### Exiting Students

**100%**

*Job Placement from 7 Graduates\*(1 graduate was accepted into a Ph.D. program)*

*Pass rate on the National Counselor Exam (n=6)*

*Rated extremely satisfied with their clinical experiences in Practicum, Internship I, and Internship II*

*Believed tuition paid was a worthwhile investment*

*Thought the campus was safe and secure for all students*

*Perceived freedom of expression was protected in the program*

*Deemed teaching faculty was knowledgeable in their field of study*

*Considered information about practicum/internship requirements and process of selecting a site were provided early in the program*

*Reasoned faculty was available after class and during office hours*

*Judged the quality of my instruction I received in most of my classes was excellent.*

## ASSESSMENT OF THE CMHC PROGRAM GOALS

Because measuring success is complex and multifaceted, the *CMHC program* at Tennessee Technological University recognizes the need to assess it in multiple ways. Therefore, the *CMHC program* has goals for each year to measure program success and/or indicate areas for improvement in addition to whether 80% of the students demonstrated competencies in a related CACREP standard/learning outcome.

CMHC PROGRAM OBJECTIVES	CMHC KEY PERFORMANCE INDICATOR	2016-2017 RESULTS
Objective 1: Promote counselor competence through student achievement	Measure 1: 80% or more of CMHC students exceed the national average on the CPCE.	Measure 1: 5/7 <i>CMHC students</i> (71%) exceeded the national average on the CPCE.
Objective 2: Support students' licensure eligibility	Measure 1: 80% or more pass rate of all students who take the National Counselor Exam (NCE) - TN licensure exam  Measure 2: Maintain CACREP accreditation in CMHC specialization	Measure 1: 100% pass rate on the NCE in 2016-217 (n=6)  Measure 2: TTU received an 8-year reaccreditation by CACREP in the CMHC specialization
Objective 3: Promote key stakeholders' confidence in the CMHC Program's ability to train students in the skills and dispositions of professional counselors.	Measure 1: 80% of site supervisors in Internship II will rate students at a mean score of "6" (i.e., Meeting Expectations/Demonstrating Competencies) on the final CCS evaluation.	Measure 1: 100% of site supervisors for Internship II students rated students at a mean score of "6" (i.e., Meeting Expectations/Demonstrating Competencies) on the final CCS evaluation.
Objective 4: Retention and Graduation Rate	Measure 1: 80% or more of students are retained each year within the CMHC concentration  Measure 2: 80% or more of students who enter the CMHC program complete.	CMHC retention rate was 80% (20/25 students) <ul style="list-style-type: none"> <li>• 80% (4/5) of those were retained by the Department</li> </ul> CMHC graduation rate was 78% (7/9 students)

## HIGHLIGHTS of the 2016-2017 EXIT SURVEY RESULTS

The exit interview survey had 71% response rate with 5/7 students who participated. These students graduated from the CMHC program in either December, May, or August 2017. Of the 7 exiting students, 5 were female and 2 were male (i.e., 4 of the students being Caucasian, 1 being Hispanic/Latino, 1 being African-American, and 1 being Asian Indian).

Aspirations after graduation. Of the students who completed, all of them referenced a desire to obtain a temporary license and get a LPC\MHSP supervisor.

Coursework. In regards to satisfaction with coursework, 100% (5/5) of the students were extremely satisfied with: COUN 6300 - Ethics, COUN 6360 - Skills, COUN 6380 - Multicultural, EDPY 6310 - Statistics, 6820, COUN 6800 Internship I, and COUN6821 Internship II.

In addition, COUN 6000 - Lifespan, COUN 6320 - Group, COUN 6362 - Theories, COUN6800 Practicum, EDPY 6930 - Interpreting and Applying Psychological Research, and COUN 6460 - Intervention Strategies for Drug Abusers were rated as 80% (4/5) of the students being extremely satisfied with coursework.

Rating Items of TTU's CMHC program. 100% of the students referenced that they strongly agreed that: 1) my academic advisor was available, 2) my academic advisor was approachable, and 3) my academic advisor was knowledgeable about requirements in the program.

These students also declared they strongly agreed: 1) the CMHC program was committed to excellence; 2) they were able to register for classes they needed with few conflicts; 3) felt welcome in the CMHC program, 4) tuition paid was a worthwhile investment; 5) the campus was safe and secure for all students; 6) freedom of expression was protected in the program; 7) teaching faculty was knowledgeable in their field of study; 8) information about practicum/internship requirements and process of selecting a site were provided early in the program; 9) faculty was available after class and during office hours; and 10) the quality of my instruction I received in most of my classes was excellent.

Clinical Experiences. 100% of the exiting students who participated were extremely satisfied with their clinical experiences in Practicum and Internships I & II.

How the CMHC program contributed to their educational goals. Likewise, all the exiting students who participated stated they strongly agreed that the CMHC program contributed to their:

- commitment to professional growth
- commitment to personal growth
- consideration of ethical practices in counseling
- ability to effectively employ consultation procedures
- ability to effectively apply basic procedures of counseling
- skills in effective use of counseling methods
- understanding the diverse needs of ethnic and cultural groups
- awareness of professional organizations

**Exiting students referenced the following aspects of the program that you found most helpful:**

- The heart of each professor for the program, the profession, and for the students was absolutely the best aspect of this program. Through their compassion, they each pushed, encouraged, and supported while providing crucial information to help me succeed. They make a great team.
- The push for self-awareness and introspection while completing the program.
- The amount of resources (books, articles, etc.) shared from professor to students when seeking further knowledge.

**The following exit responses were aspects of the program that students found least helpful:**

- In the beginning, I could not find resources for research in the LRC; however, once I learned about the online database, I had minimal issues. Perhaps introducing students to this resource earlier would help, though I may have missed it in the chaos of being a new grad student.
- Conflict between faculty

**The following responses were to the question if you could change anything about the CMHC program what would you change?**

- I would love to see more cohesion between the CMHC program and the TTU Counseling Center.
- More experiences to watch the professors participate in counseling in the real world versus role play. Role play was awesome, but the opportunity to see your professor in action in a counseling session is vital to understanding the process of a counseling session. It becomes real when you see it versus reading it in a book. Internship and practicum helps with this, but it is more meaningful when you see a professor you trust fulfilling the role of a counselor.