2014 Intramural Wrestling Rules

Deadline to Enter is by 4:30 P.M. Monday March 3rd, 2014.

Wrestling Starts March 4th and will conclude with the Championships on March 6th. (Times TBD)

Weigh-Ins will take place in the Intramural Office, Fitness Center Room 220.

Weigh-In times are 8:30 A.M. – 4:30 P.M. Monday March 3rd, 2014.

IFC CAPTAIN’S SEEDING MEETING – Monday March 3rd @ 5:00 P.M. in the Fitness Center Room 218.

Wrestlers will be checked each day, prior to wrestling in regards to shaving and nails.

Divisions offered:
IFC
Men’s Open

Rules:
High School Rules will be enforced with a few modifications, which will be gone over with the captains.

Seeding:
Seeding will only be done for last year’s Champions and Runners up, if they are competing again this year. The rest of the seeding will be a random draw done by the captain’s during a meeting prior to the start of the tournament.

Points:
Minor Decision (1-7 differential in points) for an individual = 1 point.
Major Decision (8 or more differential in points) for an individual = 2 points.
Pin for an individual = 3 points.

IFC League:
Teams accumulate points from their individual wrestlers competing throughout the tournament. Tie breaker will be the number of pins for the team as a whole. If that doesn’t break the tie, the next tie breaker will be the number of champions each team has.