Tennessee Technological University
Policy No. 350

TTU Counseling Center

Effective Date: January 1, 2014
I. Purpose

This document represents the current policies for clinical services at the TTU Counseling Center. It is recognized that there will always be the need to make exceptions in deference to sound clinical judgment. However, the general expectation is that staff will seek consultation, most often through peer review, before making decisions that deviate from this policy or related guidelines.

II. Review

This policy will be reviewed every year or whenever circumstances require review, whichever is earlier, by the Counseling Center Director with recommendations for revision presented to the Vice President of Student Affairs.

III. Scope

This policy applies to activities within the scope of practice of the TTU Counseling Center and its staff.

IV. Definitions

A. “Clinician” – Licensed Clinical Counselor, Master’s Level Counselor, Graduate Level Practicum Student, Graduate Level Intern providing clinical mental health services.

B. “Policy” – Written Statement duly approved by the President that provides specific directions or processes for effectuating the purpose of the statement.

C. “Student” – A student of TTU that is deemed eligible for counseling services.

V. Policy and Procedures

A. Missions

As a member of the Division of Student Affairs, the Counseling Center’s mission is to promote healthy student development during the college experience. In our efforts to accomplish this, the Counseling Center offers a wide range of mental health, educational, career, and consultative services to students and other members of the campus community.

B. Diversity
The Counseling Center staff members have a commitment to providing a safe, welcoming, and respectful environment for those who seek its services regardless of gender, ethnicity, race, culture, religious beliefs, sexual orientation, national origin, age, physical and mental abilities, and socioeconomic status. The Counseling Center strives to be affirming, to value the dignity and worth of individuals of diverse backgrounds through its contact with all students, staff, faculty, and administrators.

C. Eligibility

1. Any clinically appropriate student who is currently enrolled and at Tennessee Tech is eligible for Counseling Center services.

2. A student with concerns that are beyond the scope of practice provided by the TTU Counseling Center may be referred to a mental health practitioner in the community.

3. Tennessee Tech Faculty and staff receiving benefits are not eligible for services regardless of their student status and are to be referred to their EAP, or when in crisis, to Volunteer Behavioral Health. The number for Mobile Crisis is 1-800-704-2651.

4. Services for student are free of charge with the exception of select testing services.

5. Students not enrolled for Summer classes, but who were enrolled in the previous Spring term and plan to be enrolled in the upcoming Fall term are eligible for services with prior approval from the Counseling Center Director or Assistant Clinical Director.

6. Eligibility for services must be verified by staff.

7. Spouses of students are eligible for services only in conjunction with couples counseling.

8. Premarital Counseling is available to students where at least one person of the couple is enrolled as a student at Tennessee Tech.

9. Generally minors are not eligible for services unless a parent or guardian consents. Consultation with the Director is necessary for any exceptions to this policy. In emergency situations, it may be necessary to provide crisis intervention, but on-going services cannot be offered without parent or guardian consent.

D. Emergency/Crisis Services

1. Emergencies and crises during work hours are handled by any available Counseling Center staff.
2. After office hours, nights and weekends, notify the University Police to call the on-call counselor.

E. Outreach and Consultation

The TTU Counseling Center provides Outreach Programming, Consultation and Workshops. Please check the Tennessee Tech University website for a list of services available at www.tntech.edu/counsel.

VI. Interpretation

The President and his / her designee has the final authority to interpret the terms of this policy.

VII. Citation of authority for policy

Tennessee Board of Regents, Federal and State Law Governing Counselors and Confidentiality: TBR 3-03-00-00


Council for the Advancement of Standards in Higher Education: Counseling Services – Section 1 – Part 1, Part 4, Part 5, Part 7

Tennessee Code Annotated

TCA§ 37-1-614, § 63-11-213, § 63-22-114,

Tennessee Board for Professional Counselors Rules, Chapter 0450-1