

## Recognize, Respond to, Refer, *and* Report Troubling Student Behavior:

### ♦ Trust your instincts.

If you are concerned about a student, consult your department chair to promptly report safety concerns.

### ♦ De-escalate the situation.

Distressed students can be sensitive. Avoid threatening, potentially embarrassing, or intimidating statements.

### ♦ Listen sensitively and carefully.

Vulnerable students need to be heard and helped. They may find it difficult to articulate their distress. Ask directly if they have thoughts of harming themselves or others.

### ♦ Help them get help.

Be available. Show interest and offer support. Refer the students to campus departments or offices that have the necessary expertise and personnel to help them. Use numbers from the *Additional Campus Resources* section.

### ♦ Share what you know.

Report student health and safety concerns to relevant campus offices trained to handle situations with sensitivity and care. Taking appropriate action does not violate a student's privacy.

The TTU Counseling Center encourages you to add the National Suicide Prevention Lifeline number to your course syllabus for quick reference.

1-800-273-TALK (8255)

Tennessee Tech University Counseling Center  
RUC 307  
931-372-3331

Dr. Christina Mick, Interim Director

cmick@tntech.edu

Angela Rector, *Counselor*

arector@tntech.edu

Shonta Russell, *Counselor*

ssrussell@tntech.edu

### Additional Campus Resources:

Dean of Students	931-372-6758
Accessible Education Center	931-372-6119
Financial Aid	931-372-3073
Health Services	931-372-3320
Multicultural Affairs	931-372-3392
Tutoring Information	931-372-3326
University Police	931-372-3234
Women's Center	931-372-3850



SCAN ME