

Student Wellness

A positive student experience requires a commitment to physical and mental wellness. More students than ever are looking for safe spaces to meet, share and connect. The It's Personal Campaign will strengthen Tech's Accessible Education Center, Center for Career Development, Counseling Center, Eagle's Wing Veterans Center, Women's Center, Intercultural Affairs Mentoring Program and J.J. Oakley Health Services. Students from all backgrounds will have the support they need to be successful.



“Donor support helps fund the Crisis Hotline, a virtual tool that students can utilize after hours and on weekends and holidays, and #HopeStrongEagles, which provides campus suicide prevention efforts through prevention training. Through this program, the Counseling Center teaches the campus community how to identify risk factors, warning signs and protective measures for at-risk individuals and outlines screening, counseling and referral options. The plan encourages the Golden Eagle community to ‘Ask a question, save a life.’”

–Christina Mick, Ph.D.
Director, Counseling Center

“Tech’s Intercultural Affairs Mentoring Program is a great way for minority students to get connected with campus. You make lifelong, lasting connections, and you’re never alone; there’s always someone there to help you. In the program, you have a mentor and a mentee, so you have at least two people you know you can depend on for anything. The mentoring program has helped by showing me all of the different opportunities on campus. But making new friends has definitely been the best part.”

–MaCia Rudolph
Music major from Chattanooga, TN

